

lision of views of husband and wife to the family life. At the first stages of family life, at the period of adaptation, more exactly at the period of teaching of life together, spouses are more often than not caught by little, unimportant mistakes, which usually leads to so little conflicts. As considers famous Soviet psychologist V. Levi, quarrel should be anatomized and relations should be cleared up. But in such clearings we should follow one rule: each person should talk only about his own mistakes. It's impossible to turn life into a solid showdown, differently from quite haven family will turn into a theater of military operations. If there is a deal of dissatisfaction and there are a lot of claims to each other, V. Levi recommends carrying out "cleansing games" or role training. There is only one way to solve family problems, conflict situations, deliverance from offence – this is communication of spouses, ability to talk with each other and hear each other. Behind protracted, unsolved conflict, as the rule, is inability to communicate.

American psychologist J. Gottman, who specially studied the process of family communication, revealed interesting regularities of spouse's communication at conflict families. First of all for these families there is character excessive constraint of communication. Members of such families almost afraid to say themselves words, express they experience, feelings. Conflict families are more «silent» than harmonious, in conflict families spouses more rarely share information, avoid «excess» talks, obviously they afraid of accidentally arisen quarrel. At conflict families spouse practically don't say «we», they prefer to say «me». And this testifies to isolation of spouses, to emotional disconnection, about that this feeling «we» at this family didn't form.

Thereby hardships of young family are the complex of psychological, sociological, economical, juridical problems. The choice of life way, getting of a profession, professional development, search for favorite job etc, all this is the general direction of modern youth. Stable successful family can function only while certain preparation of young people for marriage. Agreement of spouses' needs is difficult task, but also necessary, because on the success of its solving depends the stability of marriage and marital relations.

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The work was submitted to the international scientific conference «Fundamental research», (Israel, Tel Aviv), 10-17 April, 2010, came to the editorial office on 23.03.2010.

**ACTIVATION OF PSYCHOLOGICAL COUNSELING, PSYCHO-CORRECTION AND PSYCHOTHERAPY METHODS FOR ADOLESCENTS WITHIN THE RANGE OF NORMAL PSYCHOLOGICAL ACCENTUATION AND SIGNS OF DEVIANT BEHAVIOR**

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Dramatically growing number of adolescents with chemical and non-chemical dependency (alcoholism, drug addiction, game addiction) and patterns of delinquent behavior, which can easily transform into criminal behavior among some adolescent groups, urge for using psychological counseling, psycho-correction and psychotherapy. In our opinion, we must use the available psychological methods today, to help the teenagers and parents in Russia.

That is why the methods addressing the ego of adolescents and their parents, such as psycho-correction, psychotherapy and psychological counseling, including the symbol drama and transactional analysis, could be used as a measure of primary psychological prevention in the current social environment.

Representatives of different psychological types within the range of normal accentuation do not show the signs of negative personal drift towards the limits of accentuation or abnormal personal changeability. Therefore the analysis of empiric and psychological observations, as well as talks with the teenagers, their parents and teachers, let reveal the weakest elements in the psycho-typological structure of personality in order to strengthen the constitutional psychological defense mechanisms of personality and prevent the negative personal changeability.

We used the following methods and techniques for psychological correction of personal experiences and relations, psychotherapy of the deviant non-pathologic adolescent behavior: personality-oriented psychotherapy, family systems psychotherapy, transactional analysis, symbol drama, imago therapy.

During the psychological counseling and correction of personal experience and behavior, adolescents with normal accentuation had stronger altruistic motivations, values and attitudes, which corresponded with their core ego structure and did not contradict with their moral principles. This was especially important for adolescents of all psychotypes within the range of normal accentuation. Moreover, the altruistic attitudes also dominated in

their family and friend relations, so that they were not forced to struggle with their own principles. These adolescents could easily adapt to social environment by finding peers with similar attitudes and values.

During the psychological counseling and correction, the adolescents with egoistic attitudes, which however did not dominated in their relations with peers, grew more convinced they build normal interpersonal relationships in work, play and school. We managed to bring their self-control and self-regulation of statements and behavior to an optimal level, which allows to avoid intrapersonal conflicts. Usually, such adolescents were highly intelligent and adequately self-conscious, which let strengthen their personal defense mechanisms during the psycho-correction. An external criterion for a successful optimization of the psychological defense mechanisms, was an ability not to mention the negative psychological traits in peers. This preserved their own attitudes, motivation and values and helped avoid conflicts with the peers or teachers. Consequently, the psycho-correction let increase the level of self-control and self-regulation of own experiences and behavior, without changing personal moral and ethic values and motivations, or forcing them on the others.

The psycho-correction and psychological counseling resulted in stronger personal and psychological tolerance towards external living factors as the adolescents and their parents grew convinced of their own life principles and world outlook. It made them confident when confronting with the social injustice, amorality, including that of the surrounding adults and teachers. The teenagers learned to remain tolerant to foreign life, religious or ethnic ideologies. And the stabilized psychological defense mechanisms enabled to communicate successfully and build working and friendly relations on the moral basis, when such humanistic ideas as justice, honor, conscience, shame and love formed the psycho-typological framework of the personality.

The psychological correction and counseling were aimed at revealing the moral and ethic values, motivations and attitudes of a teenager and his family, which is essential for an adequate psychological correction of personal experiences and behavior.

Sense of duty and responsibility were the main psychological principles in relations with others. Achieving positive results contributed to strengthening moral courage and boosting personal energy, thus preserving the usual moral values, attitude and motivation. Relations with peers re-

mained stable, balanced, with a healthy competition, proving the priority of honor and honesty in human relations.

As a part of the psycho-correction explicitly, the teenagers got a possibility to forecast the personal experience and behavior depending on the communication party, and choose the best behavior patterns, without compromising their life and communication principles. The adolescents learned to say "no" if they received offers that did not meet their moral and ethic requirements, and to follow their principles when the peers shared the same ones. On the one hand, independence and justice in relations receive a high esteem among the peers. On the other hand, the adolescents were convinced that it is necessary to make some socio-psychological forecasts, in order to achieve strategic or tactic goals, and preserve both personal dignity and ego and that of the others.

Together with the teenagers we analyzed the degree of compassion, necessary in communication with others. The adolescents were very satisfied if they managed to express empathy emotionally, as well as to help their peers with their adolescent problems. The psychologist did not deny the hedonistic tendencies in teenagers, but stressed that they were temporary and incidental. Moreover, a high risk of contradictions and conflicts with the society is to be expected, if hedonistic attitudes prevail and control the personal motives, attitudes and values.

During the psycho-correction in adolescents within the range of normal accentuation regardless of the psychological type structure, the signs of personality changeability were neutralized, which assured of no development in the direction of abnormal changeability of personality.

According to the analysis of the dynamics of personality traits in adolescents within the range of normal accentuation during the psychological counseling and psycho-correction, the constitutional, psycho-typological mechanisms of personal compensation and behavioral adaptation grew stronger, resulting in preserved balance of personal motivations, attitudes and values, their prevalence over the temperamental demands, principles and values.

The offered approach of psycho-correction and psychological counseling, aimed at anchoring the personality trait demonstration on the positive continual pole, reflects the stability of constitutional psychological defense mechanisms, which represents the psychological and psycho-correctional prevention of personality's negative changeability from the normal psychological accentuation towards the abnormal personality changeability.

To sum up, the results of the applied methods and techniques of psycho-correction and psychological counseling, appealing to the adolescent ego and their parents, prove that means of the psychological prevention such as symbol drama and transactional analysis, are more effective than the methods of personality-oriented psychotherapy. The family systems psychotherapy combines the psychological and ideological meanings of the primary psychological prevention of a probable abnormal changeability of personality.

Consequently, the more psychologists will provide the primary psychological prevention to individuals, teenage groups and families at schools, lyceums, gymnasiums and other social institutions, in form of strengthening the optimal type-determined mechanisms of personal compensation and behavioral adaptation, the less will be the risk of development of the psychological changeability of personality within the type-continual range of normal accentuation.

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**PSYCHOLOGICAL-STATISTICAL-  
MATHEMATICAL ANALYSIS  
OF HIGHEST PSYCHIC BEHAVIOR  
OF PERSONALITY OF TEENAGERS  
WITH DIFFERENT STRUCTURE  
OF PERSONALITY PSYCHOLOGICAL  
TYPE OF CONSTITUTIONAL  
CONTINUOUS DIAPASON  
OF PSYCHOLOGICAL  
NORM-ACCENTUATION WITH  
THE TENDENCY TO ADDICTIONAL  
STEREOTYPE OF BEHAVIOR**

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For the definition of totality of psychological markers, which lay at the base of demarcation of main psychological types at the frames of behavioral personality changeability we carried out the comparative psychological mathematical analysis of the results of examined teenagers of the diapason of psychological norm-accentuation with addictive stereotype of behavior.

The comparative mathematical analysis of results of psychological examination of teenagers

with cycloid and hysteroid psychological type of diapason of psychological norm-accentuation with addictive stereotype of behavior allowed to discriminate mentioned groups with rather high degree of trustworthiness, when the percent of mistakes in both of groups doesn't transcend 15,79 %. Received results reflect the formation of hysteron-cycloid structure of personality at the subgroups of both two groups. Teenagers of mixed groups are distinguished by the weakness of constitutional mechanisms of protection and by the influence of social stressors they have, registered at the experimental-psychological level, negative drift to the side of anomalous personality changeability practically of 16 % of teenagers. The representatives of compared subgroups are characterized by unstable personality compensation and behavioral adaptation, what reveals at sub depressive feelings, co-morbidity of anxious feelings. In combination with stable reactions of emancipation this leads to conflict behavior with peers, teachers, relatives around, and to the delinquent manifestations of behavior.

Received results testify to the necessity of separation of teenage group of risks of stable formation of addictive behavior, what requires immediate measures of special psychological help by the restoration and consolidation of constitutional mechanisms of protection at the view of personality compensation and behavioral adaptation.

Psychological-mathematical analysis of teenagers with cycloid and epileptoid psychological type of diapason of psychological norm-accentuation with the tendency to addictive stereotype of behavior led to the following results. There was defined the totality of psychological markers-delimiters, singled out groups. This totality of taken into consideration at the process of analysis psychological parameters demonstrates differential-diagnostic differences between cycloid and epileptoid representatives of the diapason of psychological norm-accentuation with addictive stereotype of behavior. Meanwhile the percent of probabilistic mistakes at differential diagnosis doesn't transcend 10,5 % at the first group and 5,26 % at the second group, emphasizing the tendency to the decrease of the number of revealed teenagers with mixed cycloid-epileptoid structure of personality psycho type, what indicates negative psychotypological drift to the side of diapason of anomalous personality changeability.

It should be noted that in this compared pair of teens with schizoid and cycloid psycho type we observe «curtaining off» the tendency to the use of alcohol by teenagers with behavioral delinquent manifestations that reflect negative psycho typ-